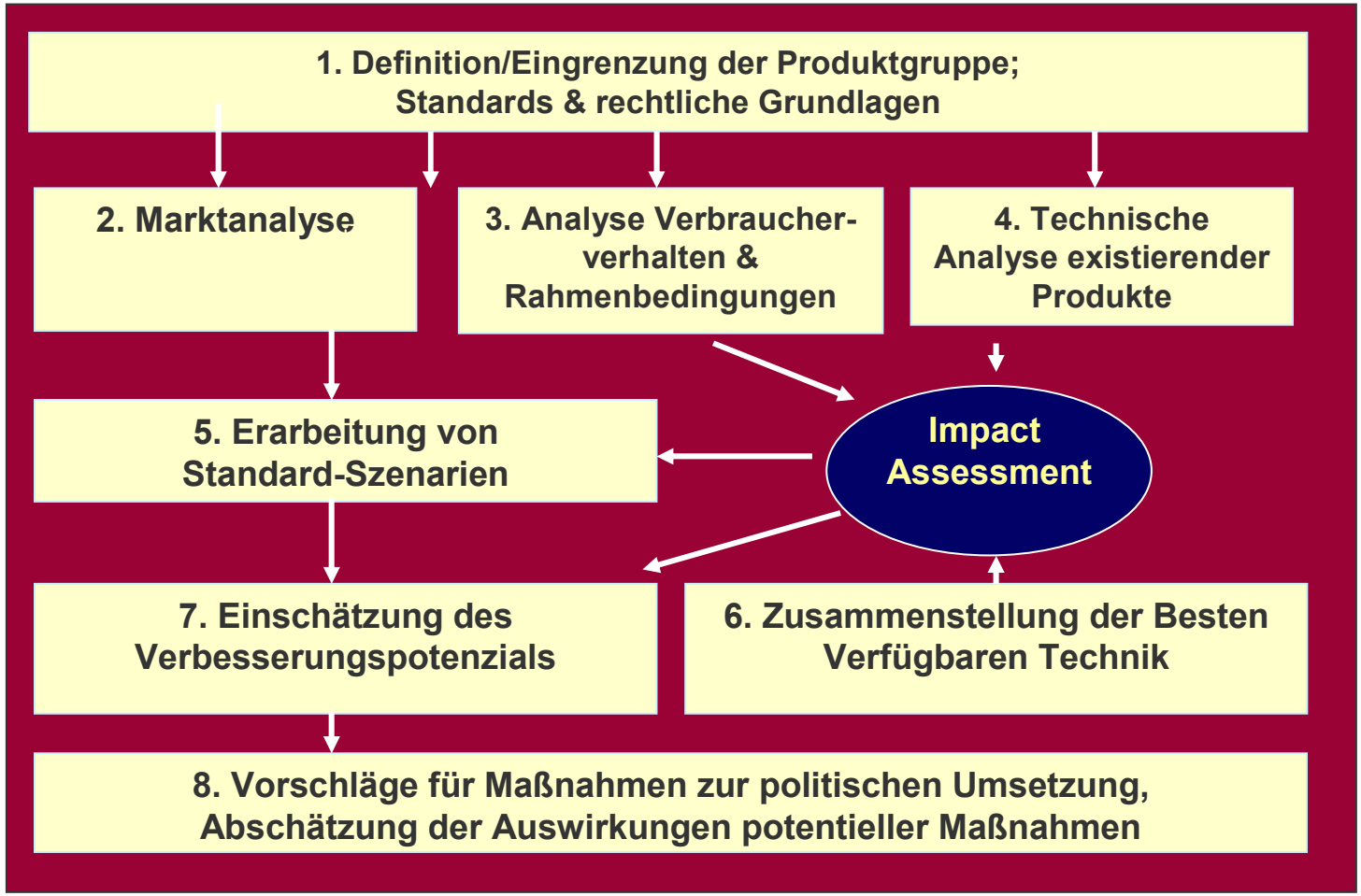Methodische Schritte der Vorstudien